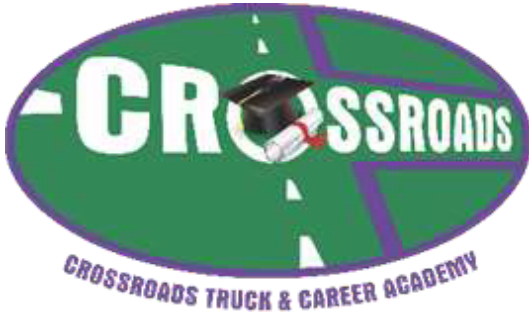


Applicable Industry Certifications

COOK ASSISTANT

DIPLOMA PROGRAM



PROGRAM OUTLINE

24 Week Program 640 hours

120 HOUR PRACTICUM PLACEMENT

Courses

Introduction to Windows 10
Intermediate Excel 2016
Intermediate Word 2016
Office Outlook 2016

Flavors and Flavorings
Knife Techniques and Usage
Introduction to Nutrition
Tools and Equipment
Introduction to Cooking
Meal Service and Presentation
Baking
Roll of the Cook Communications
Public Relations Menu Planning
and Food Costing Food Safety
and Sanitation
Basic Fundamentals of Personal Finance
Career Prep

Certifications

Food Safety - Food Handler
WHMIS
Smart Serve
CPR & First Aid, Level C



The job outlook for a cook working in the Smiths Falls and Ottawa Region is good over the next 3 years. This outlook is applicable to all Cooks (NOC 6322).

The following factors contributed to this outlook:

- Employment growth will lead to a moderate number of new positions.
- Several positions will become available due to retirements.
- High employee turnover in this occupation could lead to additional employment opportunities.

The National Occupational Classification (NOC)

Food and Beverage Servers
6242 Apprentice Cook,
Banquet Cook, Cafeteria
Cook, Line
Cook

